July 2022 MC/CS 1 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Anniversary! 23 rd - Jack and Sally Hickman					1 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 *Puzzle Group 1:00 Bean Bag Toss-MC 2:00 * Dice Game 3:00 Coffee and Conversation-DR 3:30 Trivia-MC 7:00 *Little Bite of Heaven	2 8:45 Menu Selections 10:30 * Current Events and Daily Chronicles 1:30 * Hand Massage with lotion 3:00 *Coffee and Conversation-DR 4:00 * Word Puzzles 7:00 *Little Bite of Heaven No Life Enrichment
3 8:45 Menu Selections 10:30 *Current Events and Daily Chronicles 11:00 *Walker Chapel Worship- Channel 1-3 1:30 *Nail Care 3:00 *Coffee and Conversation-DR 3:30 *Trivia 7:00 *Little Bite of Heaven No Life Enrichment	4 Independence Day 8:45 Menu Selections 10:30 *Current Events and Daily Chronicles 3:00 * Coffee and Conversation-DR 4:00 *Puzzle Group 7:00 *Little Bite of Heaven No Life Enrichment	5 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Morning Outdoor Walk 2:00 Afternoon Movie and Popcorn 4:00 Folding Group-MC 7:00 *Little Bite of Heaven	6 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Craft Group-MC 1:30 Afternoon Outdoor Walk 3:00 Coffee and Conversation-DR 4:00 Word Game-MC 7:00 *Little Bite of Heaven	7 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Hymn Sing-Along- MC 1:30 Bingo-MC 3:00 Happy Hour-MC 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	8 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 *Puzzle Group 1:00 Bean Bag Toss-MC 2:00 * Dice Game 3:00 Coffee and Conversation-DR 3:30 Trivia-MC 7:00 *Little Bite of Heaven	9 8:45 Menu Selections 10:30 * Current Events and Daily Chronicles 1:30 * Hand Massage with lotion 3:00 *Coffee and Conversation-DR 4:00 * Word Puzzles 7:00 *Little Bite of Heaven No Life Enrichment
10 8:45 Menu Selections 9:45 * Current Events and Daily Chronicles-MC 11:00 Walker Chapel Worship- Channel 1-3 1:00 Manicures-MC 2:00 Fitness Fun-MC 3:00 *Coffee and Conversation-DR 4:00 Trivia-MC 7:00 *Little Bite of Heaven	11 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Worship with Chaplain Kellan-MC 1:00 Scenic Drive-WWR Bus 3:00 Birthday Cake and Coffee-DR 3:45 Entertainment with vocal pianist Liz Timm-DR 7:00 *Little Bite of Heaven	Chronicles 10:30 Morning Outdoor Walk 2:00 Afternoon Movie and Popcorn 4:00 Folding Group-MC 7:00 *Little Bite of	13 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Baking Group-MC 1:00 Afternoon Outdoor Walk 3:00 Coffee and Conversation-DR 4:00 Word Game-MC 7:00 *Little Bite of Heaven	14 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Hymn Sing-Along- MC 1:30 Bingo-MC 3:00 Ice Cream Social-MC 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	15 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 *Puzzle Group 1:00 Bean Bag Toss-MC 2:00 * Dice Game 3:00 Coffee and Conversation-DR 3:30 Trivia-MC 7:00 *Little Bite of Heaven	 16 8:45 Menu Selections 10:30 * Current Events and Daily Chronicles 1:30 * Hand Massage with lotion 3:00 *Coffee and Conversation-DR 4:00 * Word Puzzles 7:00 *Little Bite of Heaven No Life Enrichment

wal methodist Westwood Ridge

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 8:45 Menu Selections 9:45 * Current Events and Daily Chronicles-MC 11:00 Walker Chapel Worship- Channel 1-3 1:00 Manicures-MC 2:00 Fitness Fun-MC 3:00 *Coffee and Conversation-DR 4:00 Trivia-MC 7:00 *Little Bite of Heaven	18 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Worship with Chaplain Kellan-MC 1:00 Scenic Drive-WWR Bus 3:00 Coffee and Conversation-DR 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	19 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Morning Outdoor Walk 2:00 Afternoon Movie and Popcorn 4:00 Folding Group-MC 7:00 *Little Bite of Heaven	20 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Craft Group-MC 1:00 Afternoon Outdoor Walk 3:00 Coffee and Conversation-DR 4:00 Word Game-MC 7:00 *Little Bite of Heaven	21 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Hymn Sing-Along- MC 1:30 Bingo-MC 3:00 Afternoon Tea Party-MC 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	22 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 *Puzzle Group 1:00 Bean Bag Toss-MC 2:00 * Dice Game 3:00 Coffee and Conversation-DR 3:30 Trivia-MC 7:00 *Little Bite of Heaven	23 8:45 Menu Selections 10:30 * Current Events and Daily Chronicles 1:30 * Hand Massage with lotion 3:00 *Coffee and Conversation-DR 4:00 * Word Puzzles 7:00 *Little Bite of Heaven No Life Enrichment
24 8:45 Menu Selections 9:45 * Current Events and Daily Chronicles-MC 11:00 Walker Chapel Worship- Channel 1-3 1:00 Manicures-MC 2:00 Fitness Fun-MC 3:00 *Coffee and Conversation-DR 4:00 Trivia-MC 7:00 *Little Bite of Heaven	25 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Worship with Chaplain Kellan-MC 1:00 Scenic Drive-WWR Bus 3:00 Coffee and Conversation-DR 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	26 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Morning Outdoor Walk 2:00 Afternoon Movie and Popcorn 4:00 Folding Group-MC 7:00 *Little Bite of Heaven	27 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Baking Group-MC 1:00 Afternoon Outdoor Walk 2:30 Resident vs. Staff Volleyball-Fitness Gym 3:00 Coffee and Conversation-DR 4:00 Word Game-MC 7:00 *Little Bite of Heaven	28 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 Hymn Sing-Along- MC 1:30 Bingo-MC 3:00 Happy Hour-MC 4:00 Beach Ball-MC 7:00 *Little Bite of Heaven	29 8:45 Menu Selections 9:45 Fitness Fun, Current Events and Daily Chronicles 10:30 *Puzzle Group 1:00 Bean Bag Toss-MC 2:00 * Dice Game 3:00 Coffee and Conversation-DR 3:30 Trivia-MC 7:00 *Little Bite of Heaven	30 8:45 Menu Selections 10:30 * Current Events and Daily Chronicles 1:30 * Hand Massage with lotion 3:00 *Coffee and Conversation-DR 4:00 * Word Puzzles 7:00 *Little Bite of Heaven No Life Enrichment
31 8:45 Menu Selections 9:45 * Current Events and Daily Chronicles-MC 11:00 Walker Chapel Worship- Channel 1-3 1:00 Manicures-MC 2:00 Fitness Fun-MC 3:00 *Coffee and Conversation-DR 4:00 Trivia-MC 7:00 *Little Bite of Heaven		<u>Meal Times</u> 8:00- Breakfast 12:00- Lunch 5:00- Dinner				CALENDAR IS SUBJECT TO CHANGE WITHOUT NOTICE

