




August 2022 Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Coffee with Mike (MR) 10:00 Worship with Chaplain Erin (CVCR) 12:30 Shopping at Bunker Lake 1:00 Catholic Communion (CVCR)	2 11:15 Lunch & Bingo at Coon Rapids VFW 1:30 Parkinson's Support Group (CVCR) 5:00 Night to Unite with Rubber Soul 	3 9:30 Donuts & Devotions (CVCR) 10:30 Lunch Outing: 5-8 Club 1:00 Cardio Drumming (MR) 3:00 Crafternoon: Dried Flower Charm Necklace (MR) 4:00 Mobile Activity Cart	4 9:00 Shopping at Cub & Walmart 10:00 Ladies Creative Coffee & Tea Circle (MR) 1:00 Community Drum Circle (CVCR) 3:00 Happy Hour with Mike (MR) 4:00 Mobile Activity Cart	5 10:00 TED Talk: How Your Memory Works & Why Forgetting is OK (MR) 11:00 Bible Study with Chaplain Erin (CVCR) 12:30 Shopping at Riverdale Crossing 1:00 Movie Matinee: The Blind Side (MR) 6:30 10 Cent Bingo (MR)	6 6:30 10 Cent Bingo (MR)
7 6:30 10 Cent Bingo (MR)	8 10:00 Zion Lutheran Worship (CVCR) 11:00 Music with Kori 🦋 12:30 Shopping at Bunker Lake 1:00 Catholic Communion (CVCR) 3:00 Prize Bingo (MR)	9 10:00 Wii Bowling with Mike & Payton (MR) 1:00 Resident Meeting (MR) 1:30 Parkinson's Support Group (CVCR) 2:00 Resident Culinary Meeting (MR) 3:00 Outing Planning Session (MR)	10 9:30 Donuts & Devotions (CVCR) 10:30 Lunch Outing: Culver's 2:00 August Birthday Party with Monroe Wright (TBG) 4:00 Mobile Activity Cart	11 9:00 Shopping at Cub & Walmart 10:00 Ladies Creative Coffee & Tea Circle (MR) 1:00 Bocce Ball by the River 3:00 Happy Hour with Mike (MR) 4:00 Mobile Activity Cart	12 10:00 TED Talk: The Oceans Glory & Horror (MR) 11:00 Stories to Live By with Chaplain Erin (CVCR) 1:00 Movie Matinee: Little Women (MR) 1:30 Music with Gordy 🦋 3:00 Community Drum Circle (CVCR) 6:30 10 Cent Bingo (MR)	13 6:30 10 Cent Bingo (MR)
14 10:00 St. Stephen's Catholic Mass with Diane (MR) 11:00 Walker Methodist Livestream (MR) 6:30 10 Cent Bingo (MR)	15 9:00 Coffee with Mike (MR) 10:00 Worship with Chaplain Erin (CVCR) 10:00 Artful Memory Stories (MR) 12:30 Shopping at Bunker Lake 1:00 Cribbage Tournament (GR) 3:00 Prize Bingo (MR)	16 10:00 Wii Bowling with Mike (MR) 1:00 Yahtzee (MR) 1:30 Parkinson's Support Group (CVCR) 1:30 Shopping at Riverdale Village 3:00 Line Dancing w/Bethany (MR) 4:00 Mobile Activity Cart	17 9:30 Donuts & Devotions (CVCR) 10:30 Lunch Outing: Pappy's 1:00 Cardio Drumming (CVCR) 4:00 Mobile Activity Cart	18 9:00 Shopping at Cub & Walmart 10:00 Ecumenical Service (CVCR) 1:00 Baking: Build Your Own Pizza (CVCR) 3:00 Happy Hour with Mike (MR) 4:00 Mobile Activity Cart	19 11:00 Bible Study with Chaplain Erin (CVCR) 12:30 Shopping at Riverdale Crossing 1:00 Movie Matinee: Steel Magnolia's (MR) 3:00 Community Drum Circle (CVCR) 6:30 10 Cent Bingo (MR)	20 6:30 10 Cent Bingo (MR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 2:00 North Point Church (CVCR) 6:30 10 Cent Bingo (MR)	22 9:00 Coffee with Mike (MR) 10:00 Artful Memory Stories (MR) 11:00 Music with Kori  12:30 Shopping at Bunker Lake 1:00 Catholic Communion (CVCR) 2:00 Worship with Chaplain Erin (CVCR) 3:00 Rooftop Party with 7 Cats Swing (ET)	23 10:00 Wii Bowling with Mike (MR) 1:00 Crafternoon: Dried Flower Candle Holder (MR) 1:30 Parkinson's Support Group (CVCR) 1:30 Shopping at Riverdale Village 3:00 Rummikub (MR) 4:00 Mobile Activity Cart	24 9:30 Donuts & Devotions (CVCR) 10:30 Lunch Outing: Rose Garden 1:00 Cardio Drumming (CVCR) 4:00 Mobile Activity Cart	25 9:30 Ladies Creative Coffee & Tea Circle (MR) 1:00 Card Bingo (MR) 3:00 Happy Hour with Mike (MR)	26 11:00 Stories to Live By with Chaplin Erin (CVCR) 12:30 Shopping at Riverdale Crossing 1:00 Movie Matinee: Awakenings (MR) 3:00 Community Drum Circle (CVCR) 6:30 10 Cent Bingo (MR)	27 6:30 10 Cent Bingo (MR)
28 2:00 St. Stephen's Ecumenical (CVCR) 6:30 10 Cent Bingo (MR)	29 9:00 Coffee with Mike (MR) 10:00 Artful Memory Stories (MR) 12:30 Shopping at Bunker Lake 1:00 Catholic Communion (CVCR) 2:00 Worship with Chaplin Erin (CVCR) 3:00 Prize Bingo with Joan (MR)	30 10:00 Wii Bowling with Mike (MR) 1:00 Apples to Apples (MR) 1:30 Parkinson's Support Group (CVCR) 1:30 Shopping at Riverdale Village 3:00 Crafternoon: Dried Flower Wall Décor (MR) 4:00 Mobile Activity Cart	31 9:30 Donuts & Devotions (CVCR) 10:30 Lunch Outing: Bootlegger's 1:00 Cardio Drumming (CVCR) 3:00 Squirt Gun Painting 4:00 Mobile Activity Cart			
	<p style="color: red; text-align: center;">Please sign up for activities in red as spaces are limited. Please call 763-453-7125</p>		City View Building (CVCR) Community Room 1 st Floor City View (FC) Fitness Center 1 st Floor City View (ET) East Terrace 1 st Floor City View (WT) West Terrace 1 st Floor City View (CR) City View Conference 2 nd Floor City View (GR) Game Room 3 rd Floor City View (AS) Art Studio 3 rd Floor City View (GH) Greenhouse	Garden Building (WR) Walker Room 1 st Floor Gardens (GL) Gardens Lobby  Kaleidoscope 1 st Floor Gardens (MR) Monroe Room 2 nd Floor Gardens (TBG) T.B. Walker Grill 2 nd Floor Gardens (TL) The Landing 2 nd Floor Gardens (CS) Care Suites	<p style="text-align: center;">Please note all activities are subject to change. Please check daily calendars located on bulletin boards on the 1st floor of City View & Plaza</p>	