

# Event Photos



## Community Highlights from **Westwood Ridge**



NOVEMBER 2022

A newsletter for the residents, family and friends of Westwood Ridge

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WWRII (61 Thompson Avenue Building)

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55118  
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Website: [www.walkermethodist.org](http://www.walkermethodist.org)

### Artful Aging through COMPAS!



Congratulations to our Residents!  
Completing the 8 week Residency with Teaching Artist, Teresa Cox



# Resident Profile

## Patricia June Wise McDonald "Patty"

Born: November 4th, 1934 in Lake City, MN

Parents: Verner Henry Wise & Myrtle Adeline Wise

Siblings: Audrey Grace Sass

Education: Graduated in 1952 from Lake City High School.

AA U of M Twin Cities-English

First Job: Paper route when I was 12. First girl in town to do this!

Favorite Job: U of M Air Force ROTC Principle Secretary for 24 years.

Faith: My faith is read in my deeds, not my words.

Children: Brian Robert, Shawn Ian, Philip Stuart, Julie Beth

Pets: Annie (Blue Point Siamese mix) & Harold

(lovable barn cat with 6 toes on each front paw)

Family Traditions: Big family picnics at Gates Ajar in Como Park when I was a child.

Person who influenced your life the most:

Eleanor Roosevelt because of what she did for humanity

Favorite Food: Mother's fried chicken and mashed potatoes with gravy for Sunday dinner

Favorite Dessert: Strawberry Shortcake with Whip cream

Favorite Beverage: Manhattan

Favorite Restaurant: Olive Garden

Favorite Book: The Boy, the Mole, the Fox, and the Horse by Charlie Makesy

Favorite Sport: Swimming

Favorite Music: Light Classical

Favorite Song: "Bring Him Home" by Les Miserables

Favorite T.V. Show: Seinfeld

Favorite Movie: Forrest Gump

Favorite Season: Summer

Favorite Holiday: 4th of July!!!

First trip: Mexico; Favorite trip: Amsterdam

Favorite Pastime: Reading & riding my bike.

Best piece of advice: Never be afraid to ask for help

Most proud of: My four children; a doctor, an artist, an executive, and an ESL teacher at U of M

Something you are good at: Loving my family!

Moment in history you remember most vividly:

December 7th, 1941—Afternoon

What do you most enjoy doing at Westwood Ridge:

The Crossword Game



# Event Photos



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## CAUGHT IN THE ACT!



Deb at Vikings Museum



Mary Eileen



Patricia supporting our VIKINGS!

## Director of Sales & Marketing "Michele" Farewell



# Chaplain's Pen

## "On Thankfulness"



Chaplain, Kellan Weyer

When November arrives, usually Thanksgiving is the first thing I think about. Thanksgiving can mean a lot of things to a lot of people, but for many, it's about the three F's: food, family, and football. But, caught up in all the cooking and stress, sometimes we can forget about the holiday's true meaning. Thanksgiving was meant as a day to give thanks for what we have. Pause and take a moment to think about what you are grateful for.

Maybe like me, you've seen that as soon as October is wrapped up and November rolls around, the Christmas decorations start going up! Even though Christmas is great, I sometimes think that we're missing out when I remember how important Thanksgiving is. Do you show your gratitude? Perhaps with all this inflation, the economy has been tough on you, and you are struggling to get by. Or perhaps you lost a family member, friend, or your health. These times in our lives are always extremely hard. However, we all still have a lot to be grateful for despite that. This time of year reminds us to thank God: the true source of life's many blessings.

Take time to pray this Thanksgiving. Pray with a grateful heart. Thank God for your life and your loved ones. Ask God to guide you along the path that He chooses for you. God graciously bestows upon us many blessings: joy and laughter, courage in the face of adversity, the faith to overcome life's obstacles, and solace when we are left in tears. God is always there for us. As we work to strengthen our faith in God, please pray for our communities. Pray for the staff and leaders who do great work. Pray for everyone who gives their time and money to help others. Pray for your fellow residents as we continue to build friendships and relationships. Always offer God your sincere gratitude. Tell others you appreciate them! As we ask for God's strength to guide us into the future, I am thankful for everything that God is doing in our community.

## Resident Birthdays

**HAPPY  
BIRTHDAY**

### Westwood Ridge I

4th– Shelia Proulx  
14th– Ginny Weber  
14th– Patricia McDonald  
24th– Arlene Nicklay  
28th– Marlys Hodge  
28th– Chuck Alsip

### Westwood Ridge II

6th– George Steinhauer  
16th– Jim Berry  
20th– Jack Hickman  
20th– Irma Greengard  
27th– Susan Juergens

*Happy  
Anniversary*

16th– Charlie & Judy Taverna,  
Celebrating 65 Years

20th– Francis & Marilyn Ertel,  
Celebrating 68 Years

*Welcome*

### Westwood Ridge I

Dave & Vicky Perry  
Ulla Boysen

## Event Photos

### Resident Council and Family Council

The Minnesota state specifies that residents and family members have the right to form a council. If you are curious about what this would mean at our community, please reach out to the Campus Administrator for more information. This type of council would need to be led by residents or family members. We would help support this by, at a minimum, working with you to determine what room or space would work best, what person from management would participate, and best ways to schedule and advertise your meetings.

If you want to organize a resident council, we would be happy to provide you with guidance on ways to organize and run your council and meetings. From our perspective a council gains legitimacy by focusing on positive ways the community can improve, meeting regularly, operating democratically, and representing all residents in the building.

If you have any questions or suggestions about operations here at Westwood Ridge, I encourage you to attend the monthly Community Update Meeting. This meeting is the best way to hear from representatives from all our departments, get updates, and pose questions.

If you have a team member you would like to recognize for excellent service, ask the concierge for a Partners in Excellence brochure. With a \$25 donation to the Foundation, your favorite team member will be honored at a team meeting with a pin, and invited to lunch with Scott Riddle. What a great way to say thank you! Money donated through the Partners in Excellence program stays within our community. See your Executive Director or Concierge for a brochure.



Donate to the Walker Methodist Foundation to help support activities on our campus. Drop a check off with the concierge, mail a check to Walker Methodist Foundation, 3737 Bryant Ave S, Minneapolis, MN 55409 or go to donate online.

**give** TO THE **MAX**  
Nov. 17, 2022

