

Life Enrichment A.L. – November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: AS-Art Studio (2 nd Floor) CR-Cambridge Room (2 nd Floor) GR Game Room (3 rd Floor) MC-Memory Care (1 st Floor) MD-Main Dining Room (1 st Floor)		1 10:00 Fierce this Fall w/Kim (CR) 11:00 Bus to Culvers (sign up at the front desk) 1:00 Bible Study w/Colleen (CR) 2:15 Strength & Balance w/Kim (CR) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards (CR)	2 11:15 Chapel Service w/Chaplain Erin (CR) 1:00 Creative Movement w/Karla Nweje (CR) 1:00 Then & Now w/Becky (GR) 3:15 BINGO (CR) 6:00 Players Choice Cards w/Kathy (CR)	3 10:00 Fierce this Fall w/Kim (CR) 11:00 A Service of Reflecting, Healing & Renewing w/Chpplain Erin & Malcolm (CR) 1:00-4:00 Van Around Town 1:30 Parkinson's Exercise (CR) 2:15 Better Balance w/Kim (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	4 10:15-11:15 Manicures (CR) Limit 4 11:15 Wii Bowling (CR) Limit 4 1:00 Social Hour (CR) 2:15 Chair Aerobics w/Kim (CR) 6:00 Players Choice Cards (CR)	5 10:00 Wii Bowling (CR) Limit 4 11:15 BINGO w/Becky (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)
6 8:00 Van to Church (Must sign up @ concierge) 11:00 Eagle Brook Church Broadcast (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)	7 9:30-12:30 Van Around Town 11:00 Wii Bowling (CR) Limit 4 1:00 Crafts (AS) 2:00 Chair Yoga w/Kim (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards w/Rebecca (CR)	8 10:00 Take the Bus to vote (sign up at the front desk) 10:00 Fierce this Fall w/Kim (CR) 11:15 Bible Study w/Colleen (CR) 1:00 Culinary Meeting w/Kyle (CR) 2:15 Strength & Balance w/Kim (CR) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards (CR)	9 11:15 Chapel Service w/Chaplain Erin (CR) 1:00 Creative Movement FINALE w/Karla Nweje (CR) 1:00 Then & Now w/Becky (GR) 2:00 Stories to Live By w/Chaplian Erin (GR) 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	10 10:00 Fierce this Fall w/Kim (CR) 1:00-4:00 Van Around Town 1:30 Parkinson's Exercise (CR) 2:15 Better Balance w/Kim (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	11 Veterans Day 10:15-11:15 Manicures (CR) Limit 4 11:15 Wii Bowling (CR) Limit 4 1:00 Veterans Day Social Hour (MD) 2:15 Chair Aerobics w/Kim (CR) 6:00 Players Choice Cards (CR)	12 10:00 Wii Bowling (CR) Limit 4 11:15 BINGO w/Jaci (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)
13 11:00 Eagle Brook Church Broadcast (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)	14 9:30-12:30 Van Around Town 11:00 Wii Bowling (CR) Limit 4 1:00 Show & Share w/Roger (CR) 2:15 Chair Yoga w/Kim (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards w/Kathy (CR)	15 11:15 Bible Study w/Colleen (CR) 1:00 Coffee & Cookies in the Mail Café 1:30 Wii Bowling (CR) Limit 4 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	16 11:15 Chapel Service w/Chaplain Erin (CR) 1:00 Resident Birthday Party w/Les Blake (MD) 2:00 Then & Now w/Becky (GR) 3:15 BINGO w/Rebecca (CR) 6:00 Players Choice Cards (CR)	17 10:00 Fierce this Fall w/Kim (CR) 1:00-4:00 Van Around Town 1:00 Parkinson's Support Group (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	18 10:15-11:15 Manicures (CR) Limit 4 11:15 Wii Bowling (CR) Limit 4 1:00 Herzing University Dental Hygiene Students Presentation Social Hour (CR) 2:15 Chair Aerobics w/Kim (CR) 6:00 Players Choice Cards (CR)	19 10:00 Wii Bowling (CR) Limit 4 11:15 BINGO w/Becky (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)

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20 8:00 Van to Church (Must sign up @ conciierge) 11:00 Eagle Brook Church Broadcast (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)	21 9:30-12:30 Van Around Town 1:00 Crafts (AS) 2:15 Wii Bowling (CR) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards w/Rebecca (CR)	22 11:15 Bible Study w/Colleen (CR) 1:00 Coffee & Cookies in the Mail Café 2:15 Wii Bowling (CR) Limit 4 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)	23 11:15 Chapel Service w/Chaplain Erin (CR) 1:00-4:00 Van Around Town 1:00 Then & Now w/ Becky (GR) 2:00 Stories to Live By w/Chaplain Erin (CR) 2:15 Strength & Balance w/Nick (fitness center) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards	24 Thanksgiving Day 10:00 Wii Bowling (CR) 11:15 BINGO (AS) 4:15 Wii Bowling (CR) 6:00 Players Choice Cards (CR)	25 10:15-11:15 Manicures (CR) Limit 4 11:15 Wii Bowling (CR) Limit 4 1:00 Social Hour (CR) 2:15 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)	26 10:00 Wii Bowling (CR) Limit 4 11:15 BINGO w/Shay (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)
27 11:00 Eagle Brook Church Broadcast (CR) 1:00 Wii Bowling (CR) Limit 4 6:00 Players Choice Cards (CR)	28 9:30-12:30 Van Around Town 1:00 Music by Loren Brabec (MD) 2:00 Christmas Decorating (MD & front lobby) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards (CR)	29 10:00 Fierce this Fall w/Kim (CR) 11:15 Bible Study w/Colleen (CR) 1:00 Coffee & Cookies in the Mail Café 1:00 Christmas Decorating (MD & front lobby) 2:15 Strength & Balance w/Kim (CR) 3:15 BINGO w/Kathy (CR) 6:00 Players Choice Cards w/Kathy (CR)	30 11:15 Chapel Service w/Chaplain Erin (CR) 1:00 Then & Now w/Becky (GR) 2:15 Advent Devotional w/Chaplain Erin (CR) 3:15 BINGO (CR) 6:00 Players Choice Cards (CR)			



Special Notes for November:

- ❖ Please be sure to sign up with the concierge for all **HIGHLIGHTED** activities.
- ❖ Sign up at the front desk to take the bus to Culvers for lunch on Tuesday, November 1st. The bus leaves at 11:00AM.
- ❖ Join us for a Service of Reflecting, Healing & Renewing w/Chaplain Erin & Malcolm Anderson on Thursday, Nov. 3rd at 11:00AM in the Cambridge Room. All residents, family and staff are welcome.
- ❖ Sign up at the front desk to take the bus to vote in person on Tuesday, November 8th. The bus leaves at 10:00AM. Voting information is available at the front desk.
- ❖ Join us for Creative Movement classes with COMPAS artist Karla Nweje, Wednesday's, at 1:00PM in the Cambridge Room. FINALE is on Wednesday, November 9th.
- ❖ Celebrate our Veterans on Friday, Nov. 11th at 1:00PM in the Main Dining Room.
- ❖ Celebrate the November Birthdays on Wednesday, November 16th at 1:00PM in the Main Dining Room with entertainment by Les Blake.
- ❖ Come for special music by Loren Brabec on Monday, Nov. 28th at 1PM in the Main Dining Room.

Van Around Town will run 9:30AM-12:30 PM on Monday's and 1:00PM-4:00 PM on Thursday's.

Please sign up at the front desk for all Van trips. Thank you!