


# Life Enrichment A.L. – July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Locations:</b>                      AS-Art Studio (2<sup>nd</sup> Floor)                      CR-Cambridge Room (2<sup>nd</sup> Floor)                      GR Game Room (3<sup>rd</sup> Floor)                      MC-Memory Care (1<sup>st</sup> Floor)                      MD-Main Dining Room (1<sup>st</sup> Floor)</p>					<p><b>1</b>                      10:15-11:15 Manicures (CR) <b>Limit 4</b>                      11:15 Wii Bowling (CR) <b>Limit 4</b>                      1:00 Social Hour (CR)                      2:15 Chair Aerobics w/ Kim (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>2</b>                      10:00 Wii Bowling (CR) <b>Limit 4</b>                      11:15 BINGO w/Becky (CR)                      1:00 4<sup>th</sup> of July craft w/Becky (AS)                      6:15 Players Choice Card Club (CR)</p>
<p><b>3</b>                      8:00 Van to Church (Must sign up @ concierge)                      11:00 Live Church Broadcast on Channel 1-2 (CR)                      1:00 Wii Bowling (CR) <b>Limit 4</b>                      6:15 Players Choice Card Club (CR)</p>	<p><b>4 4<sup>th</sup> of July</b>                      9:30-12:30 Van Around Town                      1:00 Wii Bowling (CR)                      2:15 Chair Yoga w/Kim (CR)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>5</b>                      10:00 Summer Strong w/Kim (CR)                      11:15 Bible Study w/Colleen (CR)                      1:00 Coffee &amp; Cookies in the Mail Café                      2:00 Cards w/Kathy (mail cafe)                      2:15 Strength &amp; Balance w/Kim (CR)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>6</b>                      11:15 Chapel Service w/Chaplain Erin (CR)                      1:00 July Birthday Party w/Shawn Sweeney (MD)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>7</b>                      10:30 Storytelling w/Beverly Cottaman (AS)                      11:15 Wii Bowling (CR) <b>Limit 4</b>                      1:00-4:00 Van Around Town                      2:00 Play Cards (mail café)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>8</b>                      10:15-11:15 Manicures w/Kathy (CR) <b>Limit 4</b>                      1:00 Social Hour (CR)                      2:00 Wii Bowling <b>Limit 4</b> (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>9</b>                      10:00 Wii Bowling (CR) <b>Limit 4</b>                      11:15 BINGO w/Olivia (CR)                      1:00 Movie Matinee &amp; Popcorn (CR)                      6:15 Players Choice Card Club (CR)</p>
<p><b>10</b>                      8:00 Van to Church (Must sign up @ concierge)                      11:00 Live Church Broadcast on Channel 1-2 (CR)                      1:00 Play Cards in the Art Studio                      6:15 Players Choice Card Club (CR)</p>	<p><b>11</b>                      9:30-12:30 Van Around Town                      11:00 Levande Singing Group (CR)                      1:00 Crafts (AS)                      2:15 Chair Yoga w/Kim (CR)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>12</b>                      10:00 Summer Strong w/Kim (CR)                      11:15 Bible Study w/Colleen (CR)                      1:00 Coffee &amp; Cookies in the Mail Café                      2:00 Cards w/ Kathy (mail café)                      2:15 Strength &amp; Balance w/Kim (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>13</b>                      11:15 Chapel Service w/Chaplain Erin (CR)                      1:00 Community Update Meeting (CR)                      2:00 Stories to Live By w/Chaplain Erin (CR)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>14</b>                      10:00 Summer Strong w/Kim (CR)                      10:30 Storytelling w/Beverly Cottman (AS)                      11:15 Wii Bowling (CR)                      1:00-4:00 Van Around Town                      1:30 Parkinson's Exercise (CR)                      2:00 Cards w/Mary (Mail Café)                      2:15 Better Balance w/Kim (CR)                      3:15 BINGO (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>15</b>                      10:15-11:15 Manicures w/Rebecca (CR) <b>Limit 4</b>                      11:15 Wii Bowling (CR) <b>Limit 4</b>                      1:00 Social Hour (CR)                      2:15 Chair Aerobics w/Kim (CR)                      6:15 Players Choice Card Club (CR)</p>	<p><b>16</b>                      10:00 Wii Bowling (CR) <b>Limit 4</b>                      11:15 BINGO w/Becky (CR)                      1:00 Movie Matinee &amp; Popcorn (CR)                      6:15 Players Choice Card Club (CR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>8:00 Van to Church (Must sign up @ concierge)</b> 11:00 Live Church Broadcast on Channel 1-2 (CR) 1:00 Wii Bowling (CR) <b>Limit 4</b> 6:15 Players Choice Card Club (CR)	<b>18</b> <b>9:30-12:30 Van Around Town</b> 11:00 Levande Singing Group (CR) 1:00 Crafts (AS) 2:15 Chair Yoga w/Kim (CR) 3:15 BINGO (CR) 6:15 Players Choice Card Club (CR)	<b>19</b> 10:00 Summer Strong w/Kim (CR) 11:15 Bible Study w/Colleen (CR) 1:00 Resident Ambassador information meeting/Coffee & Cookies in the Mail Café 2:15 Strength & Balance w/Kim (CR) 3:15 Wii Bowling (CR) 6:15 Players Choice Card Club (CR)	<b>20</b> 11:15 Chapel Service (CR) 1:00 Play Cards w/Kathy (Mail Café) 3:15 BINGO w/ Kathy (CR) 6:15 Players Choice Card Club (CR)	<b>21</b> 10:00 Summer Strong w/Kim (CR) 10:30 Storytelling w/ Beverly Cottman (AS) 11:15 Wii Bowling (CR) <b>Limit 4</b> <b>1:00-4:00 Van Around Town</b> 1:00 Parkinson's Support Group (CR) 3:15 BINGO (CR) 6:15 Players Choice Card Club (CR)	<b>22</b> 10:15-11:15 Manicures (CR) <b>Limit 4</b> 11:15 Wii Bowling (CR) <b>Limit 4</b> 1:00 Social Hour (CR) 2:15 Chair Aerobics w/ Kim (CR) 6:15 Players Choice Card Club (CR)	<b>23</b> 10:00 Wii Bowling (CR) <b>Limit 4</b> 11:15 BINGO w/Olivia (CR) 1:00 Movie Matinee & Popcorn (CR) 6:15 Players Choice Card Club (CR)
<b>24</b> <b>8:00 Van to Church (Must sign up @ concierge)</b> 11:00 Live Church Broadcast on Channel 1-2 (CR) 1:00 Wii Bowling (CR) <b>Limit 4</b> 6:15 Players Choice Card Club (CR)	<b>25</b> <b>9:30-12:30 Van Around Town</b> 11:00 Levande Singing Group (CR) 1:00 Crafts (AS) 2:15 Chair Yoga w/Kim (CR) 3:15 BINGO (CR) 6:15 Players Choice Card Club (CR)	<b>26</b> 10:00 Summer Strong w/Kim (CR) 11:15 Online Scripture Message (CR) 1:00 Coffee & Cookies in the Mail Café 2:15 Strength & Balance w/Kim (CR) 3:00 Wii Bowling (CR) <b>Limit 4</b> 6:15 Players Choice Card Club (CR)	<b>27</b> 10:00 Wii Bowling (CR) 11:15 Community Remembrance Service w/Chaplain Erin (CR) 2:00 Card games (Mail Café) 6:15 Players Choice Card Club (CR)	<b>28</b> 10:00 Summer Strong w/Kim (CR) 10:30 Storytelling w/Beverly Cottman (AS) 11:15 Wii Bowling (CR) <b>1:00-4:00 Van Around Town</b> 1:30 Parkinson's Exercise (CR) 2:00 Cards w/Mary ( <b>Mail Café</b> ) 2:15 Better Balance w/Kim (CR) 3:15 BINGO (CR) 5:30-6:30 Levande Singing Group and ice cream social (front patio or MD)	<b>29</b> 10:15-11:15 Manicures (CR) <b>Limit 4</b> 11:15 Wii Bowling (CR) <b>Limit 4</b> 1:00 Social Hour (CR) 2:15 Chair Aerobics w/ Kim (CR) 6:15 Players Choice Card Club (CR)	<b>30</b> 10:00 Wii Bowling (CR) <b>Limit 4</b> 11:15 BINGO w/Becky (CR) 1:00 Movie Matinee & Popcorn (CR) 6:15 Players Choice Card Club (CR)

**31**  
**8:00 Van to Church (Must sign up @ concierge)**  
 11:00 Live Church Broadcast on Channel 1-2 (CR)  
 1:00 Wii Bowling (CR) **Limit 4**  
 6:15 Players Choice Card Club (CR)

## Special Notes for July:

- ❖ Please be sure to sign up with the concierge for all **HIGHLIGHTED** activities.
- ❖ Celebrate the June Birthdays on Wednesday, July 6th at 1:00PM in the Main Dining Room with entertainment by Shawn Sweeney.
- ❖ Join us for Storytelling Class with COMPAS artist Beverly Cottman on Thursday's at 10:30 AM in the Art Studio.
- ❖ The Levande Singing Group will be Monday's July 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> at 11AM in the Cambridge Room. Our grand FINALE and ice cream social will be Thursday, July 28<sup>th</sup> from 5:30-6:30 PM in the front patio area or MD weather permitting. Piano by Malcolm Anderson. Bring your singing voice's!! All are welcome to join!! Tell your friends and family to join in the fun with us!!
- ❖ The Community Remembrance Service will be held on Wednesday, July 27<sup>th</sup> at 11:15AM in the Cambridge Room.

Van Around Town will run 9:30AM-12:30 PM on Monday's and 1:00PM-4:00 PM on Thursday's.

Please sign up at the front desk for all Van trips. Thank you!

Please note that the Live church broadcast will now start at 11:00 AM On Channel 1-2