

# Event Photos



## Community Highlights from Westwood Ridge



JUNE 2022

A newsletter for the residents, family and friends of Westwood Ridge

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To best prepare for severe weather such as a thunderstorm or tornados, here are some important definitions and tips:

**Severe Weather Watch:** Conditions are favorable for severe weather. Consider returning to your apartment if you are outside or in a common area of the community. To prepare for a potential storm, it is recommended removed knick-knacks and clutter from windowsills and to close windows and blinds.

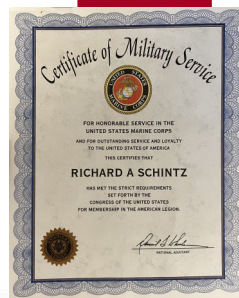
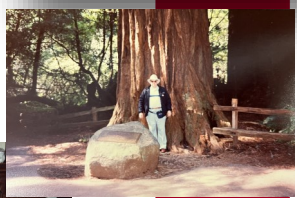
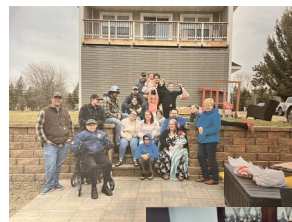
**Severe Weather Warning:** Severe weather has been identified in the immediate vicinity. Take shelter immediately and remain calm. The best shelter area is within your apartment bathroom. Other shelter areas include internal hallways and common areas away from windows, stairwells, and the garage.

It is recommended to keep both a battery-operated radio and flashlight in your apartment. Stay tuned to local weather announcements on your TV or battery operated radio so you know when the threat has passed.

# Resident Profile

## Richard A. Schintz "Dick"

Born: June 24th, 1936 in St. Paul, MN  
Parents: Art and Verna Schintz  
Siblings: Paul (deceased)  
Education: Graduated from Humboldt High School in 1954/55. Further Education in Credit and Financial Management  
First Job: Newspaper Carrier, Standard Unit Auto Parts, Warehouse Manager  
Favorite Job: Food Service Company  
Faith: Lutheran  
Spouse: Married Nancy on September 25th, 1956. We met at a High School Basketball game.  
Children: James, Mary, Sherry, Terry, and Tim  
Person who influenced your life the most: My dad, he pushed me to be all I could be.  
Family Traditions: All family holidays together  
Favorite Food: Southern Fried Chicken  
Favorite Dessert: Banana Cream Pie  
Favorite Beverage: Diet Pepsi  
Favorite Restaurant: Fireside, West St. Paul  
Favorite Book: Bible  
Favorite Sport: Hockey  
Favorite Music: All music, except Opera  
Favorite Song: Blue Suede Shoes by Carl Perkins  
Favorite T.V. Show: The Good Doctor  
Favorite Movie: High Noon  
Favorite Season: Summer  
Favorite Holiday: Christmas  
First trip: Duluth  
Favorite trip: Maui  
Favorite Pastime: T.V., Computer  
Most proud of: My family  
Best piece of advice: Never Give Up  
Moment in history you remember most vividly: The end of 2nd World War  
Something you are good at: Building my own house  
What do you most enjoy doing at Westwood Ridge: Bean Bag Toss



# Event Photos



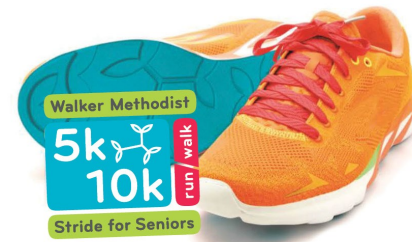
# Cinco de Mayo

# Event Photos

## Stride for Seniors

17th Annual 5k/10k

Lake Harriet Bandshell Park or virtually  
June 4, 2022 | 9 a.m.



Thank you to Teaching Artist,  
Mike Arturi



Our very own Laurel Venhuizen, continues to make these beautiful quilts and donates them to the Sharing & Caring Hands. Thank you Laurel for your caring heart and sharing your talent for those in need.

# Chaplain's Pen



Chaplain, Kellan Weyer

The opening lines of the Psalms are reminiscent of summer: "Blessed is the one who does not walk in step the wicked... that person is like a tree planted by streams of water, which yields its fruit in season." I really love trees! One of my favorite parts of driving to the North Shore is seeing how the trees change as you go north. In Psalm 1, the psalmist describes a healthy tree that is planted next to a source of water, and thus bears fruit. As we head into another season in the life of our community we need to be like healthy

trees that are planted by the source of our strength, so that we will bear much fruit. It seems as though the world always finds a way to drain us in one way or another, and I understand if you are feeling tired or uncertain about what is to come. Let me invite you to be like those strong healthy trees planted next to the water by:

- Making worship, prayer, or meditation a part of your routine
- Joining some sort of group or activity that brings you joy
- Serving with a spirit of love in your everyday life
- Reaching out to those around you with kindness and compassion

Trees that are planted along the riverbank naturally bear fruit in each season. When we connect with our spirituality, we can connect with each other. We all know that life is better together. The strongest plants are those with interconnected roots. This is how the great redwoods of California grow so tall. This summer, and always, may we as a people be connected in faith and love with one other to bear much fruit.

# Resident Birthdays



## Westwood Ridge I

- 4th– Nancy Mansergh
- 6th– Pete Soderberg
- 8th– Lois Davis
- 8th– Patrick Marren
- 11th– Lorraine Musta
- 11th– Gloria Carlson
- 14th– Lorraine Spading
- 15th– Patricia Marren
- 20th– Katie Lund
- 24th– Geraldine Patroski
- 24th– Dick Schintz
- 27th– Jan Henley
- 28th– Mary Ocel
- 29th– Jean Champagne

## Westwood Ridge II

- 11th– Shirley Flodeen
- 16th– Helen Sutherland

## *Happy Anniversary*

- 2nd - Ralph & Sandy Sward  
Celebrating 60 Years!
- 6th – Jan & Marilyn Henley  
Celebrating 35 Years!
- 24th– Jim & Ann Wormley  
Celebrating 52 Years!



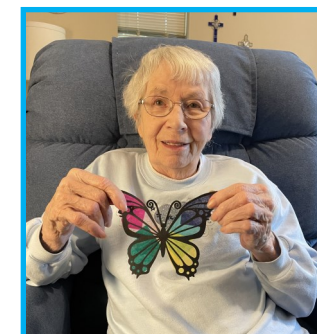
## Westwood Ridge I

- Ralph & Sandy Sward
- Dick Guiton
- Lorraine Hosley
- Leta Glenn & Randy St. John
- Richard "Skip" Royster

## Westwood Ridge II

- Hilda Young

# Event Photos



## Afternoon Tea

