November 2022: Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Starting in November- we will rejoin the puzzler's exchange. We will be getting new puzzles of various sizes each month.	On November 8th- we will be taking residents on the bus to St. Johns who want to vote. It will be offered at 9:30am and 1pm and 330pm. Check back for time changes- closer to the date.	9:30 Strong Core- FC 10:00 Silver & Fit Experience-FC 10:30 Side by Side- EC 1:00 Open Wii Bowling- AS 1:00 Wii Bowling League- KC 2:00 Wii Bowling League- KC 2:00 COMPAS presents: Finding Your Story w/ Jen Scott - EC 3:00 Harp with Chris- CS-RR 4:00 Grab and Go Wine & Harp Music w/ Chris- EK 6:00 Card Games- Hand and Foot- GR 6:15 Movie- TH	2 10:30 Circuit Balance— FC 11:00 Prize Bingo-EC 1:00 Circuit Balance-FC 1:00 Open Wii Bowling—AS 3:00 All Saints with Father Tom Wilson-EC 3:00 Yahtzee- AS 6:00 Card Games- Pinochle and Bridge- BI 6:15 Movie— TH	9:30 & 10:00 Circuit Strength— FC 10:30 Beatitudes Bible Study With Karl-EC 1:00 Wii Bowling— AS 1:00 Wii Bowling League— KC 1:30 Wii Bowling League—KC 2:45 Mamma Mia Musical Outing 3:00 Scrabble— GR 6:15 Movie— TH 7:00 Dime Bingo-EC	9:45 Chair Yoga— FC 10:30 Catholic Communion &Rosary— EC 1:00 Bean Bag Toss— AS 2:00 Our Planet: Jungles- TH 3:00 Happy Hour- KC 3:00 Cards (players choice)-BI 6:00 Card Games: Pinochle—BI 6:00 Women's Poker— GR 6:15 Movie— TH	2:30 Group Coloring— AS 3:00 Dime Bingo— EC 6:15 Movie— TH Event Center is Reserved from 11-2pm Bingo will be held at 3pm today.
6 Daylight Savings 8-11a Bus: Church Service Rides 2:00p Mexican Train Dominoes- GR 6:15 Movie- TH	9:30 Cub/Target 10:00 Better Balance— FC 10:45 Devotions with Haley-AS 1:00 Walk for Fitness- FC 1:00 Card Games— Bridge— GR 1:00 Hooks & Needles-AS 2:00 Community Update- EC 6:00 Men's Poker— GR 6:15 Movie— TH 6:30 Grief Support Group With Judi- 2 nd Floor Lounge (By apt. 227)	9:30 Bus Ride to Vote 9:30 Strong Core- FC 10:00 Silver & Fit Experience-FC 10:30 Side by Side- EC 1:00 Bus Ride to Vote 1:00 Open Wii Bowling- AS 1:00 Wii Bowling League- KC 2:00 Wii Bowling League- KC 2:30 Finding your Story Memoir Class Live Presentation-EC 3:30 Bus Ride to Vote 4:00 Grab and Go Wine & Harp Music w/ Chris- EK 6:00 Card Games- Hand and Foot- GR 6:15 Movie- TH	9 10:30 Circuit Balance- FC 11:00 Prize Bingo-EC 1:00 Chef Talk- MDR 1:00 Circuit Balance- FC 1:00 Open Wii Bowling- AS 2:00 Worship and Communion with Karl -EC 3:00 Yahtzee- AS 6:00 Card Games- Pinochle and Bridge- BI 6:15 Movie- TH	9:30 & 10:00 Circuit Strength— FC 10:00 Ambassador Meeting— AS 10:30 Beatitudes Bible Study With Karl-EC 1:00 Wii Bowling— AS 1:00 Wii Bowling League— KC 1:30 Wii Bowling League—KC 2:00 Orange Ice Cream Floats— EC 3:00 Scrabble— GR 6:15 Movie— TH	11 Veteran's Day 9:45 Chair Yoga— FC 10:30 Catholic Communion &Rosary— EC 12:30 Bean Bag Toss— AS 2:00 Veteran's Day Program and Treat-EC 3:00 Happy Hour- EC 3:00 Cards (players choice)-BI 6:00 Card Games: Pinochle—BI 6:00 Women's Poker— GR 6:15 Movie— TH	1:30 Dime Bingo- EC 2:30 Group Coloring- AS 6:15 Movie- TH
8-11a Bus: Church Service Rides 1:00p Card Games— 500— BI 2:00p Mexican Train Dominoes— GR 6:15 Movie— TH	9:30 Aldi/Walmart 10:00 Better Balance— FC 1:00 Walk for Fitness- FC 1:00 Card Games— Bridge— GR 1:00 Hooks & Needles-AS 6:00 Men's Poker— GR 6:15 Movie— TH 6:30 Grief Support Group With Judi- 2 nd Floor Lounge (By apt. 227)	9:30 Strong Core- FC 10:00 Silver & Fit Experience-FC 10:30 Side by Side- EC 1:00 Open Wii Bowling- AS 1:00 Wii Bowling League- KC 2:00 Wii Bowling League- KC 2:00 New Resident Social- EC 3:00 Harp with Chris- CS-RR 4:00 Grab and Go Wine & Harp Music w/ Chris- EK 6:00 Card Games- Hand and Foot- GR 6:15 Movie- TH	9:15 Women's Breakfast-MDR 10:30 Circuit Balance— FC 11:00 Prize Bingo-EC 1:00 Circuit Balance-FC 1:00 Open Wii Bowling—AS 2:00 Hymn Sing with Karl -EC 2:45 Artist of the Month—AS 3:00 Yahtzee- GR 6:00 Card Games- Pinochle and Bridge- BI 6:15 Movie— TH	9:30 & 10:00 Circuit Strength— FC 10:30 Beatitudes Bible Study With Karl-EC 1:00 Wii Bowling— AS 1:00 Wii Bowling League—KC 1:30 Wii Bowling League—KC 2:00 Coffee and Conversation with St. Johns- EC 3:00 Sweets with Shelley-EK 3:00 Scrabble- GR 6:15 Movie— TH 7:00 Dime Bingo-EC	9:45 Chair Yoga— FC 10:30 Catholic Communion &Rosary — EC 1:00 Bean Bag Toss— AS 1:00 Visit from Gideon the Comfort Dog-KC 1:30 Reminisce Stories- CS 3:00 Happy Hour-KC 3:00 Cards (players choice)-BI 6:00 Card Games: Pinochle—BI 6:00 Women's Poker— GR 6:15 Movie— TH	10:00 Pastimes Café— BI 1:30 Dime Bingo— EC 2:30 Group Coloring— AS 6:15 Movie— TH

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walker Highview Hills

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 8-11a Bus: Church Service Rides 2:00p Mexican Train Dominoes— GR 6:15 Movie— TH	9:30 Cub/Target 10:00 Better Balance— FC 11:30 Lunch Outing:	9:30 Strong Core- FC 10:00 Silver & Fit Experience- FC 10:30 Side by Side- EC 1:00 Open Wii Bowling- AS 1:00 Wii Bowling League- KC 2:00 Wii Bowling League- KC 2:00 Life and Times of Jaqueline Kennedy- EC 3:30 Teapot Treats & Wine- BI 6:00 Card Games- Hand and Foot- GR 6:15 Movie- TH	10:30 Circuit Balance–FC 11:00 Prize Bingo-EC 1:00 Circuit Balance-FC 1:00 Open Wii Bowling– AS 2:00 Thanksgiving Worship with Karl -EC 3:00 Yahtzee- AS 6:00 Card Games- Pinochle and Bridge- BI 6:15 Movie– TH	24 Thanksgiving 1:00 Wii Bowling— AS 1:00 Wii Bowling League-K 1:30 Wii Bowling League-K 3:00 Scrabble— GR 6:15 Movie— TH 7:00 Dime Bingo-EC	,	6:15 Movie– TH
8-11a Bus: Church Service Rides 1:00p Card Games— 500— BI 2:00p Mexican Train Dominoes— GR 6:15 Movie— TH	28 9:30 Aldi/Walmart 10:00 Sunny the Dog Visit- KC 10:00 Better Balance- FC 11:00 Mystic Lake 1:00 Walk for Fitness- FC 1:00 Card Games- Bridge- GR 1:00 Hooks & Needles-AS 2:00 Mike Henry- Christmas Moments to Remember- EC 6:00 Men's Poker- GR 6:15 Movie- TH 6:30 Grief Support Group With Judi- 2 nd Floor Lounge (By apt. 227)	29 Birthday Dinner 9:30 Strong Core- FC 10:00 Silver & Fit Experience-FC 10:00 Parkinson's Support Group- KC 10:30 Side by Side- EC 1:00 Book Club Book Discussion- GR 1:00 Open Wii Bowling- AS 1:00 Wii Bowling League- KC 2:00 Wii Bowling League- KC 2:00 Historical Society Presentation on the History of Antlers Park - EC 4:00 Grab and Go Wine & Harp Music w/ Chris- EK 6:00 Card Games- Hand and Foot- GR 6:15 Movie- TH	10:30 Circuit Balance– FC 11:00 Prize Bingo-EC 1:00 Circuit Balance-FC 1:00 Open Wii Bowling– AS 2:00 Hosanna Church with Pastor Mike Swecker-EC 3:00 Yahtzee- AS 6:00 Card Games- Pinochle and Bridge- BI 6:15 Movie– TH			
1st Floor Locations MDR = Main Dining Room BI = Bistro EK = Exhibition Kitchen KC = Kingsley Club CY = Courtyard 2nd Floor Locations EC = Events Center FC = Fitness Center LB = Library TH = Theater AS = Art Studio LP = Library Patio	November is- Gratitude Month Peanut Butter Month Veterans and Military Family Month	Outings are listed in Blue and Bold. Sign-ups are required.	Women's Breakfast Wednesday, November 16th 9:15 a.m. Main Dining Room Watch for Sign Up In Mail Room Free to HVH Residents	Teapot Treats & Wine Join the Teapot store in the Bistro for some wine and treats Third Tuesday of every month at 3:30p *This will take place of grab and go wine	Join us for a special artist of the month: Sandra Botticelli Wednesday November 16 th 2:45pm in the Art Studio.	Happy Hour will now be held at 3pm starting in November.